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County Systems of Support & Wellness

Seneca • Ottawa • Sandusky • Wyandot

FAMILY, PARENT AND CAREGIVER PEER SUPPORT IN BEHAVIORAL HEALTH



PARENT SUPPORT PROVIDERS OFFER:



Emotional connection of people who have "been there"



Informational & educational support on systems and strategies



Support for parents as they develop positive approaches and methods for addressing their family's day-to-day needs, including their own needs for self-care



Concrete support, such as help arranging child care or transportation



Living proof of resilience and recovery



www.4sosw.org

FOR MORE INFORMATION CONTACT:

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or scan the code